

STARTERS

NACHO PLATTER* Small \$8.00 Large \$10.00

A mountain of tortilla chips with melted mozzarella, tomatoes, red and green peppers, black olives, and hot banana peppers. Includes sour cream and salsa.

HUMMOS* \$6.50

A Middle Eastern spread made from mashed cooked chickpeas and seasoned with lemon juice, Tahini (sesame paste) and olive oil.

BABA GHANNOUJ* \$7.50

A Middle Eastern spread made from mashed baked eggplants and seasoned with lemon juice, Tahini (sesame paste) and olive oil.

SOUP* \$4.75

Soup of the day or our delicious homemade lentil soup

VEGETARIAN CHILI* \$ 7.75

A delicious healthy homemade vegetarian chili served with tortilla chips or fresh baked corn bread. Served with sour cream.

SALADS

SPINACH SALAD* Small \$4.75 Large \$6.75 (Add chicken for \$1.75)

Fresh spinach, mushrooms, and shredded carrots. Served with focaccia bread and your choice of dressing.

PASTA SALAD* Small \$4.50 Large \$6.50

Creamy pasta salad with tri-colour rotini, red and green peppers, broccoli, corn, mozza cubes and mayo. Served with focaccia bread.

WRAPS & BURRITOS

COMES WITH YOUR CHOICE OF SOUP OR SALAD

BEAN BURRITO* \$8.25

A tasty and healthy vegetarian burrito, generously filled with mixed beans, mild salsa and mozza cheese.

VEGGIE WRAP* \$8.25

A tasty blend of garden fresh veggies and mozza cheese in a soft tomato tortilla.

CHICKEN WRAP \$9.50

Delicious BBQ chicken, mozza cheese, and veggies wrapped in a tasty tomato tortilla.

FALAFEL* \$8.25

Falafel (mashed chickpeas), tomatoes, cucumber, pickles, shredded lettuce, mixed with a Tahini and lemon juice sauce wrapped in a tortilla. An Arabic cuisine favorite!!!

CHICKEN ARABIA \$9.50

Grilled chicken with Tahini, tomatoes and banana peppers, wrapped in a tortilla and grilled to perfection.

OWN CREATION WRAP \$9.50

Your choice of ham or turkey, mozza cheese, tomatoes, cucumber, shredded lettuce, pickles and mayo.

FOCACCIA

COMES WITH YOUR CHOICE OF SOUP OR SALAD

CHICKEN SALSA Half \$8.25 Whole \$10.50

Tender chicken breast, Mozza cheese, Salsa ñ Grilled to perfection.

ABSTRACTION'S STROMBOLI

Half \$8.25 Whole \$10.50

Get ready for a taste explosion! Stuffed pizza done Abstractions style. Your choice of salami, pepperoni or vegetarian.

FOCACCIA

COMES WITH YOUR CHOICE OF SOUP OR SALAD

GRILLED FOCACCIA Half \$7.50 Whole \$9.50

Your choice of ham, turkey, salami or vegetarian. Includes mozza cheese, tomatoes, cucumbers, pickles, mustard and Mayo.

SUNDRIED TOMATO MELT * (add chicken for \$1.75) Half \$7.50 Whole \$9.50

Mozza cheese, diced tomatoes, mushrooms, diced red and green peppers, sundried tomato sauce and mayo.

GREEK FOCACCIA* Half \$7.50 Whole \$9.50

Feta cheese, sliced cucumbers, sliced tomatoes, black olives and mayo.

ZESTY TURKEY Half \$7.50 Whole \$9.50

Focaccia with Mozza cheese, tomatoes, banana peppers, red and green peppers and mayo

GRILLED ZAATAR* Half \$7.50 Whole \$9.50 (Add cheese \$1.50)

Zaatar is a herb mixture composed of dried ground savory, thyme, sumac and sesame, spread on focaccia bread with olive oil and tomatoes.

ZESTY ARABIA FOCACCIA Half \$8.25 Whole \$10.50

A great taste of Arabia! grilled chicken, tahini, tomatoes and banana peppers.

* Vegetarian Meal

For any to go meal, \$0.50 will be added.

abstractions cafe

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